

Kids & Launch Program Syllabus

BY ORGANIZE 365®

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**PURPOSE OF THE
KIDS PROGRAM:**

At Organize 365® our research has shown that organization is a learnable skill. The earlier you learn it, the more time you will unlock in your future!

**WHY IMPLEMENT
THE KIDS PROGRAM
IN YOUR HOME:**

Children want to be helpful. They love to learn and want to please adults! And in a perfect world, we would all have plenty of time to work together to keep a home clean and tidy.

But we often don't have the time or energy. Our time and patience gets consumed by after-school activities, homework, housework, and adult work.

Teaching your children the skill of organization is an absolute must. These skills will serve them well while they're living in your household and, one day, their own.

The Organize 365® Kids Program is your solution. This is your "get organized" class for kids." Taught directly to them by Lisa Woodruff.

SUPPLIES:

- [The Kids Program](#) (designed for kids ages 0-15 years)
- [The Launch Program](#) (designed for youth and young adults ages 16+)
- Magnetic Clip (one for each kid)
- Optional Add-on Products:
 - [The Lisa School Binder](#)
 - [The Warrior MAMA Binder](#)

WHAT'S INCLUDED

[The Kids Program](#)

The Kids Program consists of a compilation of 5 separate courses:

1. Lessons for Parents - Everything you want to know about how to teach organizing
2. Lessons for Littles (Ages 0-5) - twelve lessons to help organize your littles
3. Lessons for Kids (Ages 6-15) - twenty step-by-step lessons designed to do a big clean out and reset your kid's room
4. Saturday - videos, printables and step-by-step guides for cleaning and organizing your room on Saturdays
5. Sunday - videos, printables and step-by-step guides for planning your week ahead

****The kids program is designed to accommodate ALL the kids (15 and under) in your family in one membership.****

The Launch Program

The Launch Program builds on bedroom organization skills that are applicable as teens/young adults. It also prepares your young adult to launch into their own adult space.

The Launch Bundle includes a Launch Binder for your child to learn about and take all of their medical, financial, and household paperwork with them.

It also includes a simple Sunday Basket® designed for them to keep their actionable papers and mail safe and easy-to-find until they process them on Sunday.

****The Launch Program is purchased for each family member as they get ready to fly the nest.**

MINDSET FOR TRANSFORMATION:

Here are three things you need to know before getting started with the Kids and/or Launch Programs:

1. The primary area of organizational focus is the child's bedroom which we will refer to as their "mini apartment".
2. Cleaning and organizing are two different tasks.
3. Childhood has two distinct organizational phases which are: kids (0-15) and young adults (16-25).

TIMELINE FOR TRANSFORMATION:

What to expect when you implement the Kids and Launch Program in your household:

1. The primary area of organizational focus is the child's bedroom which we will refer to as their "mini apartment".
 - a. The child's bedroom is the hub for all their school work, toys, clothes, sleeping, memories, and more. Giving children autonomy and strategies to keep all those various items organized in one space is very empowering.
 - b. Around the age of 16 children start planning for their first living experience outside of the home - usually a dorm room, apartment, or condo. Maintaining a bedroom at home is the organizational goal for young adults to be organizationally successful in adulthood.
2. Cleaning and organizing are two different tasks. Both cleaning and organizing have their place in an organized space. But these terms are used interchangeably and incorrectly. An organized space is easier to keep clean and vice versa.

- a. Clean = vacuumed & dusted.
 - b. Organized = everything is put away in its home.
3. Childhood has two distinct organizational phases which are: kids (0-15) and young adults (16-25).
- a. During the first five years of life, parents are the ones primarily responsible for setting up and maintaining a child's bedroom. The Kid's Program guides parents on the best way to do this.
 - b. From ages 5-15 years, children are ready to take on the weekly straightening and cleaning of their rooms. They will need help doing regular deep organization sessions roughly 3-4 times per year: spring break, summer, December, and around their birthday.
 - c. Students naturally move into the young adult launch phase when they start thinking about moving out of the family home. This is why we offer two separate courses - one designed for Kids and Launch, which is designed for young adults.

TIPS FOR SUCCESS:

Here are some things to look out for to ensure you are getting the most out of the Kids and Launch Programs:

- Don't try to do it all at once. Organization and habits are built one step at a time. The life skill of organizing, and maintaining your stuff is huge. This skill is taught and evolves over years.
- Be patient with the process. It cannot be taught and caught in one or two lessons. It also will not be learned through osmosis or observation.
- Living an organized life is based on solid habits that are developed and repeated over time, like brushing your teeth. Do not expect this to be a fast learning process for all your children.
- Work together and remember your children are just little humans. This is not about having a picture-perfect bedroom. Whenever I was frustrated with the state of my kid's spaces, I looked at the rest of my house and realized I had some cleaning and organizing to do myself.
- Remember - we all need help when life gets moving too fast! Not all children learn at the same rate. Be prepared for it to take up to 6 months for organization to become a default for each of your children. AND don't forget they will need help 3-4 times per year to do deep organizing sessions as the seasons change and they receive new gifts.
- Each family member will have their own version of organization and this is 100% okay! Being organized means that you know what you have, where it is and can retrieve it when needed. That will not look the same for each of your children. Allow them to try out different organizational ideas and see what works best for them. Being organized is an internal feeling, not just an outward picture you see.

OUTCOMES:

What is it like when your kids learn the skill of organization?

- *They play more independently in their rooms*

- *They put things away around the house*
- *They may organize your kitchen!*
- *You stop spending time looking for items at the last minute when you are trying to leave the house.*
- *Favorite toys are no longer routinely lost.*
- *Sports equipment and uniforms are found and ready to go.*
- *The general stress energy in the house is reduced.*
- *Your children feel EMPOWERED and More in CONTROL of their lives.*

